

43RD ANNUAL

Arrowhead EMS Association Conference & Expo

JANUARY 17 - 21

2024



"GOING THE DISTANCE FOR EMS"

DULUTH ENTERTAINMENT CONVENTION CENTER

350 HARBOR DRIVE, DULUTH, MN



<http://www.goingthedistanceforems.com/>

Duluth Entertainment Convention Center - Duluth, Duluth Minnesota | 17 - 21 January 2024

WHEN

17 January 2024 -
21 January 2024

WHERE

DECC
Duluth, MN

COST

Preconference
Varies based on workshop selected

Full Conference Days

Early Bird Discount
until November 30th

Friday - \$100
after 11/30: \$130

Saturday - \$100
after 11/30: \$130

Sunday - \$70
after 11/30: \$100

WHO SHOULD ATTEND

EMRs, EMTs, Paramedics,
Search & Rescue, Nurses,
Physicians, Advanced
Practitioners, Law
Enforcement Officers,
Fire Fighters, Dispatchers,
Management, and anyone
interested in furthering
their EMS Education!

THE EXPERIENCE

Combine your professional and personal goals and the finest EMS education during a cozy winter in Duluth Minnesota. Our 5-day conference features quality EMS and nursing continuing education with an excellent line-up of speakers from all over the country. This conference will also give you a chance to reconnect with some old friends and hopefully meet some new ones who share your passion for EMS. Don't miss this chance to meet some of the finest individuals in the EMS profession.

THE OBJECTIVE

The conference & expo objective is to provide Emergency Medical Services personnel with applicable knowledge to better manage, treat, and assess various traumatic and medical-related emergencies, and to provide the tools to continuously improve the overall management of services. You will learn techniques and information to improve yourself, your patient care and your EMS agency.

THE EXPO

With Minnesota's largest exhibition of EMS products and service suppliers, this event will be Arrowhead EMS Association's highlight of 2024. It will allow our attendees to see, hear, examine, question and evaluate the latest developments in equipment, supplies and services that are recommended for use in the EMS profession.





Our speakers are established leaders, practitioners and peers who all share a passion for EMS. Our selection process is as thorough and thought out as you'll find anywhere. We make sure that you're hearing from the best, their content is new and engaging and it will have a significant impact. Our speakers inspire our attendees to implement what they have learned and attendees will return home energized and motivated.

FEATURED KEYNOTES



David Atkins - *"No Excuses"*

David is a retired New York State Police Captain after 22 years of service. He ran all State Police operations for the entire County of Westchester NY which averages approximately 400-500,000 911 calls a year. David was the New York State Trooper of the Year in 2003 followed by New York State Police Investigator of the Year in 2007. He moved up through the ranks during his 22 year career with the New York State Police. He went from patrol to Investigations to leading undercover units involved in Organized Crime, Auto Theft, Money Laundering and large scale drug organizations.

David was also a first responder at Ground Zero on 09/11 where he spent weeks working in New York City. Additionally while working full time with the NY State Police David also built a million dollar direct sales business. Through his success both in law enforcement and business David became a Keynote Motivational Speaker presenting to groups of a few hundred people to over 20,000 people in the NFL Super Dome in New Orleans.

David is currently publishing his first book *The Leveled Up Life*.



Josh Duda - *"Finding Your Inner Superhero"*

Josh is a Nationally Registered Paramedic and Certified Flight Paramedic with 30 years of EMS experience. He has served for the past 20+ years as a Critical Care Flight Paramedic, Field Training Officer, & Educator. When not at work, he can also be found responding with the local sheriff's office dive & rescue team. Josh has been a dedicated safety professional and advocate his entire EMS career. He is the sole survivor of a medical helicopter crash in 2019. Josh has been an active member in the MN Towards Zero Death campaign and Child Passenger Safety programs on the state & local levels. When not serving communities, he enjoys traveling, camping, and can often be found training for a local triathlon.

What do you do when things don't go as planned? How do you respond when things get tough? Are you prepared for the unthinkable? How do you find the strength to dig deep and keep moving forward?

This session will explore a personal journey through tragedy, lessons learned, and tools used to overcome the challenges encountered. You control your own outcomes.



WEDNESDAY | JANUARY 17, 2024

8:00a - 5:00p	EMT Refresher (Day 1 of 2)	Lucas Goodin	Lake Superior Ballroom L,M
	EMS Leadership Academy Refresher	Aarron Reinert, Ben Wasmund	St. Louis River Room
	Department of Transportation (DOT) EMS Instructor Course (Day 1 of 2)	Dylan Geiger, Jaymes Feil, Jennifer Shea, Kerry Degan, Mary Welch, Ron Lawler, Toby Oehler	Gooseberry Falls Room
8:00a - 12:00p	Armer Radio 101: A Hands on Approach	Dewey Johnson, Marlyn Halvorson	Lake Superior N,O
	Special Populations SIM Training (Beat the Reaper Challenge)	Brad Zinniel, Martin Sullivan, Marvin Sullivan	French River Room
1:00p - 5:00p	Self Defense for EMS Personnel	Mike Gau, Scott Peterson	Lake Superior N,O
	Pediatric Medical and Trauma SIM Training (Beat the Reaper Challenge)	Brad Zinniel, Martin Sullivan, Marvin Sullivan	French River Room





THURSDAY | JANUARY 18, 2024

8:00a - 5:00p	EMT Refresher (Day 2 of 2)	Lucas Goodin	Lake Superior L,M
	Financial Leadership for EMS	Aarron Reinert, Michelle Anderson	St. Louis River Room
	Department of Transportation (DOT) EMS Instructor Course (Day 2 of 2)	Dylan Geiger, Jaymes Feil, Jennifer Shea, Kerry Degan, Mary Welch, Ron Lawler, Toby Oehler	Gooseberry Falls Room
	Navigating Excellence in Ambulance Service Management	Minnesota Ambulance Association	French River Room
8:00a - 12:00p	Self Defense for EMS Personnel	Mike Gau Scott Peterson	Lake Superior Ballroom N,O
1:00p - 5:00p	Use Of Point-of-Care Ultrasound (POCUS) In the Pre-Hospital Setting	Dr. Casey Litchke, Dr. John Holst	Lake Superior N,O





FRIDAY | JANUARY 19, 2024

8:00a - 8:15a	Conference Welcome	Adam Shadiow	Ballroom
8:15a - 9:15a	No Excuses	David Atkins	Ballroom
11:30a - 12:30p	The case for OMI and NOMI	Brad Wright	French River Room
	The WHY behind the patient, the monitor, and your paramedic partner scrambling!	Andrea Sjaardema Zickmund	Gooseberry Falls Room
	Evidence Based Medicine: The myths that EMS made up and the myths that made up EMS.	Kirstie Breneman, Patrick Horan	Lake Superior L,M
	Fun with Physiology: Let's Get Cellular	Bob Matoba	Lake Superior N,O
	Hospital at Home: What EMS Needs to Know	Tia Radant	Split Rock Room
	Inside the Mind of a SPI	Kirk Hughes	St. Louis River Room
1:30p - 2:30p	March ahead with MARCH	Brad Wright	French River Room
	Little Tykes are not Little Adults!	Andrea Sjaardema Zickmund	Gooseberry Falls Room
	The Baba Yaga Comes a Calling	Chris Ebright	Lake Superior L,M
	Making a Difference in Chest Trauma	Bob Matoba	Lake Superior N,O
	The Latest Research: Community Paramedicine Prevents Hospital Readmissions	Tia Radant	Split Rock Room
	Keeping your head above water when your patient has drowned	David Brenner	St. Louis River Room
2:45p - 3:45p	Pre-hospital Decompression Of Pneumothorax: Indications, Treatment Options and Pitfalls	Kristin Colling	French River Room
	Bizarre and Unusual Case Studies: You can't make this stuff up	Andrea Sjaardema Zickmund	Gooseberry Falls Room
	Unique Patient Signs	Chris Ebright	Lake Superior L,M
	Drowning, the Warm and Cold Truths of Treatment	Brad Zinniel, Martin Sullivan, Marvin Sullivan	Lake Superior N,O
	Are you Open and Willing to Accept Help?; The 31 Billion Dollar Question.	Amy Lucht, Steve Koering	Split Rock Room
	Preventing Invisible Wounds - Mitigating Psychological Trauma	David Brenner	St. Louis River Room
4:00p - 5:00p	Recruitment, Remediation, Retention	Brad Wright	French River Room
	First Pass Success: Is That Good Enough?	Nick Eastman	Gooseberry Falls Room
	Until All the Pieces Fit	Chris Ebright	Lake Superior L,M
	Trauma in the Water: Recovering the Dead from the Great Lakes and Fostering Resiliency	Andrew Bock	Lake Superior N,O
	Social Determinants of Health- post pandemic point of view- Social Influencing	Pete Tanghe	Split Rock Room
	STEMI Case Studies and Conundrums. . . .Lessons and Opportunities for Improvement	Richard Mullvain	St. Louis River Room
1:45p - 4:15p	Human Anatomy Lab	Lindsay Pacey-Allen	The College of St. Scholastica



SATURDAY | JANUARY 20, 2024

8:00a - 8:15a	Welcome & Opening Remarks	Adam Shadiow	Ballroom
8:15a - 9:15a	Finding Your Inner Superhero	Josh Duda	Ballroom
11:30a - 5:00p	Hands on Approach to Trauma Care	Jason Dush, Lucas Goodin	Lake Superior L,M
11:30a - 12:30p	Sex Matters: How your care may endanger your female patients.	Timothy Redding	French River Room
	Advances in care for acute stroke and cerebrovascular diseases	Vikram Jadhav	Gooseberry Falls Room
	Survivor or Statistic	Chuck Palmer, Stevie Johnson	Lake Superior N,O
	Community Paramedics and Diabetes Education	Aimee Zeinert	Split Rock Room
	My short transport times are an hour.	Latimer Hoke	St. Louis River Room
1:30p - 2:30p	STEMI is OUT: OMI is where the cool kids hang!	Timothy Redding	French River Room
	Talking to Myself	Arrowhead C.I.S.M. Team	Gooseberry Falls Room
	When Things Get Hot - Heat Stroke	David Brenner	Lake Superior N,O
	What is Community Paramedicine, Community EMT & MIH? A look into the programs in MN.	Clara Kessel	Split Rock Room
	We Want You Here: Retention in EMS	Latimer Hoke	St. Louis River Room
2:45p - 3:45p	Ventilation 101: Better patient care for all providers	Timothy Redding	French River Room
	Moral Injury: Addressing Ambiguity, Mistakes, and Ethical Conflicts in Public Safety	Gwen Powell	Gooseberry Falls Room
	Calming the Troubled Waters of SCUBA Diving Emergencies	Brad Zinniel, Martin Sullivan, Marvin Sullivan	Lake Superior N,O
	Patient Advocacy in Community Paramedicine (Case Review)	Clara Kessel	Split Rock Room
	In Another's Eyes	Jeff Nichols	St. Louis River Room
4:00p - 5:00p	How Can Diving Emergencies Be Helped With Hyperbaric Medicine?	Daniel Popa, Ryan Mueller	French River Room
	Leadership at 5 Levels	Todd Messer	Gooseberry Falls Room
	When Lightning Strikes	Brad Zinniel, Martin Sullivan, Marvin Sullivan	Lake Superior N,O
	Enhanced Collaboration	Michael Juntunen	Split Rock Room
	Seizures and its Mimics	Dr. Anu Luke	St. Louis River Room





SUNDAY | JANUARY 21, 2024

8:00a - 9:00a	Navigating the Labyrinth EMS Response to Hoarding Situations	Amy Eisenhauer	French River Room
	Planning to Fail	Sam Henne	Gooseberry Falls Room
	Hospice in EMS	Reuben Farnsworth	Lake Superior L,M
	Pediatric Preparedness: Prepare for the Worst, Succeed in the Chaos	Brandon Minogue	Lake Superior N,O
	Does my Happiness Matter?: Why finding Personal Fulfillment is critical to Career Success	Brett Lyle	St. Louis River Room
9:30a - 10:30a	Stress and Women in First Responder Roles	Amy Eisenhauer	French River Room
	PTSD - It's a Family Problem	Kathy Messer, Todd Messer	Gooseberry Falls Room
	Lightning and Electricity	John Hanson	Lake Superior L,M
	F.E.A.R. – False Evidence Appearing Real	Carrie Weiss	Lake Superior N,O
	Nobody wants to work anymore	Brett Lyle	St. Louis River Room
9:30a - 11:45a	Review Games	Reuben Farnsworth	Split Rock Room
10:45a - 11:45a	The Malicious and Monstrous Maladies of Disney	Amy Eisenhauer	French River Room
	S.T.E.P. up and Recommit yourself to Excellence in EMS (Willing to do as a Keynote if needed)	Kirk Hughes, Todd Messer	Gooseberry Falls Room
	Guns and Knives	John Hanson	Lake Superior L,M
	State Emergency Response Teams-What they do and how do I get help!	Bradley Winger	Lake Superior N,O
	Happy Lives and Healthy Careers; Dealing With Traumatic Incidents	John Tafolla, Matthew Hagan	St. Louis River Room

